



COACHES AND PLAYERS PARTICIPATING IN A LEAGUE USING RULES THAT ARE NOT THE PAL RULES

All Nassau County P.A.L. Unit lacrosse teams must participate in the Nassau County P.A.L. Youth Lacrosse League.

COACHES AND PLAYERS PARTICIPATING IN LEAGUES WITHOUT PAL RULES

NO P.A.L. Lacrosse coach will be permitted to coach in the P.A.L. spring Youth Lacrosse League if he or she is also coaching in the spring in any other youth lacrosse League playing with NON-SANCTIONED N.Y. State or NON-P.A.L. RULES, unless the coach in question signs the disclaimer below. Without the written permission of the League Board, a team participating in another League cannot enter that team in the P.A.L. as a full team. That team must be broken up.

Disclaimer: I hereby agree to indemnify and hold Nassau County P.A.L. Youth Lacrosse League, its officers, employees, licensees and each of them harmless from any and all liability that may be incurred by my COACHING in the P.A.L. Youth Lacrosse League.

Non-sanctioned Organization and/or League that you coach for: _____

Rules Played by: _____

Signature: _____

Date: _____